

Emotions Poem

Start by trying to list 10 emotions:

1. Happy
2. Sad
3. Frustrated
4. ...
5. ...
6. ...
7. ..
8. ...
9. ...
10. ...

Then, write a different emotion in each of the triangle-is boxes on the next page.

After that cut out the whole thing. Fold on the fold line and glue or tape the little tabs to make a 10 sided box

[Video Link Tutorial](#)

Then: look at this poem by Shel Silverstien:

Roll the box and try to say the poem with the expression that matches the emotion that is on the top of the box.

Try it until you've said the poem with all of the emotions!

Choose 2 of your favorite and tell me which ones they are and why. I'd love to see videos too!

DON'T TELL ME

Please don't tell me I should hug,
Don't tell me I should care.
Don't tell me just how grand I'd feel
If I just learned to share.
Don't say, "It's all right to cry,"
"Be kind," "Be fair," "Be true."
Just let me see YOU do it,
Then I just might do it too.

10 Sided Box

